Life Force International’s **SunBright** is a proprietary, liquid formula using time-tested herbs, herbal extracts, and select amino acids. SunBright is also rich in ingredients that assist in boosting energy and alertness.

Having several herbal botanicals, SunBright also has phytonutrients. Phytonutrients includes several classifications of health-supporting compounds. To learn more about the value of phytonutrients, go to [www.usda.gov](http://www.usda.gov). Then use their search engine and type in “phytonutrients.” You will receive over 400 articles from which to learn more about the extensively studied benefits of phytonutrients. Or, if you want a list of major research projects, you can go directly to: [http://nps.ars.usda.gov/locations.locations.htm?modecode=12-35-00-00](http://nps.ars.usda.gov/locations.locations.htm?modecode=12-35-00-00).

**Ingredients:**
- Green Tea Extract (Leaf), Yerba Mate Extract (Leaf and Stem), Noni (Fruit), Ginger (Root), Ornithine, Glutamine, Gamma-Aminobutyric Acid, Arginine, Lysine, Reishi Mushroom, Codonopsis (Leaf), Wild Yam (Root), Gotu Kola (Leaf and Stem), Ginko Biloba Extract (Leaf), Astragalus (Root),

**Other Ingredients:**
- Glycerin, Purified Water, Natural Cinnamon Flavor, Citric Acid, and less than 0.2% of Potassium Benzoate and Potassium Sorbate (to preserve freshness).

**Additional Educational Information For The Ingredients:**

<table>
<thead>
<tr>
<th>INGREDIENT</th>
<th>BENEFITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yerba Mate</td>
<td>is prized as a refreshing and reviving stimulant by natives of South America. It stimulates cerebral activity and the central nervous system.¹</td>
</tr>
<tr>
<td>Ginger Root</td>
<td>is used in Oriental medicine to strengthen and stimulate vital energies while inigorating the whole body.²</td>
</tr>
<tr>
<td>Gotu Kola</td>
<td>is a tonic herb of Asian origin that promotes alertness and has anit-fatigue properties.³</td>
</tr>
<tr>
<td>Green Tea Extract</td>
<td>is prized for its stimulating properties throughout the world.¹</td>
</tr>
<tr>
<td>Wild Yam</td>
<td>has anti-spasmodic properties and is believed to improve liver function and lower blood pressure.³</td>
</tr>
<tr>
<td>Reishi Mushroom</td>
<td>is currently being studies in China as a sports performance enhancer because of adaptagentic properties that are four to six times more potent than Ginseng. It also nourishes and supports the immune system by preserving oxygen in the body.⁵</td>
</tr>
</tbody>
</table>
**PRODUCT DATA SHEET**

**Ginkgo Biloba** is one of the best researched and most widely used brain-related dietary supplements. It has experimentally demonstrated neuroprotective properties shown to improve memory, alertness and attention.\[^7,8\]

**Astragalus** stimulates the immune system and is also considered an energy booster.\[^9,10\]

**Codonopsis** increases energy and combats stress. Shown to be most powerful when used in combination with amino acids.\[^10\]

**Lysine** is an amino acid and a necessary building block for all protein in the body. It plays a major role in calcium absorption, building muscle protein and recovering from sports injuries. It also plays a role in the body’s production of hormones, enzymes and antibodies.\[^11\]

**Arginine** is an essential amino acid involved primarily in metabolism and DNA synthesis. It plays a vital role as a Human Growth Hormone (HGH) releaser and in immune system support.\[^12\]

**Ornithine** promotes the body’s release of HGH, which promotes cellular regeneration and the metabolism of excess body fat. The effects of Ornithine are enhanced when combined with Lysine, Arginine, Glutamine, and GABA (see below).\[^13\]

**Glutamine** is the major source of energy for the brain and the entire body. It helps build and maintain muscles and performs a major role in DNA synthesis. It is also a natural antacid and improves memory and mental activity.\[^12\]

**Gamma-Aminobutyric Acid (GABA)** is an amino acid that functions as a neurotransmitter in the central nervous system. Research demonstrates that GABA reduces stress and anxiety.\[^14\]

**Noni Extract** contains a natural alkaloid, xeronine, which appears to have a wide range of beneficial effects on the circulatory and central nervous systems.\[^15\]

**Cinnamon** is a popular flavoring agent that also has anti-inflammatory properties.

**Potential Benefits From Ingredients That:**

- Help sustain energy.\[^1,3,4\]
- Enhance a sense of well-being.\[^7\]
- Assist in fat burning.\[^1\]
- Support mental clarity.\[^3,7,8\]

**Suggested Use:**

Shake before using.

Take 2-4 droppers-full* directly under the tongue and hold for 1-2 minutes to allow sublingual absorption.

*Denotes: One dropper-full is one full squeeze of the rubber bulb.

**Servings:**

SunBright comes in a 2-oz, amber-colored, glass bottle, which yields 30 servings @ 2 droppers-full per serving. When using 2 servings daily, Sunbright is a 30-day supply.

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### PRODUCT SPECIFICATIONS

<table>
<thead>
<tr>
<th><strong>PRODUCT NUMBER</strong></th>
<th><strong>LF300</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>DESCRIPTION</strong></td>
<td>30-day supply</td>
</tr>
<tr>
<td><strong>QUANTITY</strong></td>
<td>2 fl oz/57g</td>
</tr>
</tbody>
</table>
PRODUCT DATA SHEET

Caution:
Keep out of reach of children.
Formulated for adult use.
Pregnant or lactating women should consult their health care professional prior to using any new product.

Shelf Life & Storage:
Once opened, SunBright has a shelf life of 3 months. Unopened, it has a shelf life of 1 year. Store at room temperature.

*These statements have not been evaluated by the Food and Drug Administration. The product not intended to diagnose, treat, cure or prevent any disease.

References:
This specific product or products have not been tested for any of the potential benefits listed herein. The following references apply to studies and/or research conducted with certain ingredients, or combinations of ingredients, used in formulating this product. Such ingredients may not be from the same source or processed in the same way as the ingredients used in this product.

3) Effect of different extracts of *Centella asiatica* (Gotu Kola) on cognition and markers of oxidative stress in rats. Veerendra Kumar, M.H., Gupta, Y.K. Department of Pharmacology, Neuropharmacology Laboratory, All India Institute of Medical Sciences, Ansari Nagar, New Delhi 110 029, India. *J Ethnopharmacol* 2002 Feb;79(2):253-60 PMID: 11801389 [PubMed - indexed for MEDLINE]
7) Biologically active secondary metabolites from *Ginkgo biloba*. Bedir, E., Tatli, I.I., Khan, R.A., Zhao, J., Takamatsu, S., Walker, L.A., Goldman, P., Khan, I.A. National Center for Natural Products Research, Research Institute of Pharmaceutical Sciences, and Department of Pharmacology and
8) [Protective effects of Ginkgo biloba extract on focal cerebral ischemia and thrombogenesis of carotid artery in rats] [Article in Chinese] Zhang, Y., Gu, D., Mao, S., Chen, W. Shanghai Second Medical University, Ruijin Hospital, Shanghai Hypertensive Institute, Shanghai 200025. Yao Xue Xue Bao 1998 Dec;33(12):901-5 PMID: 12016854 [PubMed - in process]

9) [Treatment of leucopenia with pure Astragalus preparation--an analysis of 115 leucopenic cases]. Weng, X.S. Zhongguo Zhong Xi Yi Jie He Za Zhi 1995 Aug 15:8 462-4 MEDLINE, full MEDLINE


13) A new technique to elevate night time growth hormone release and a potential growth hormone feedback control loop. Parr, T.B. Department of Medicine, University of Southern California, Los Angeles, USA. tyParr@compuserve.com Med Hypotheses 2001 May;56(5):610-3 PMID: 11388776 [PubMed - indexed for MEDLINE]


For Use in the US Market Only