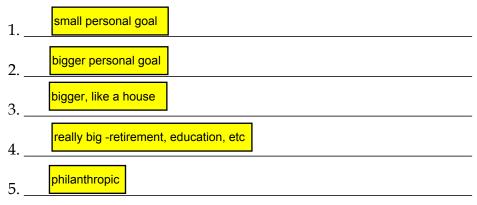
THE Life-Force 10 STEP PATTERN FOR SUCCESS

STEP 1. Set Some Goals (Have a Dream and a Burning Desire for its Achievement)



STEP 2. Make a Commitment

2. Don't just "try it on. Make a 12 month commitment

Make at least a 12-month unconditional commitment to your Life-Force business. The stronger your commitment level the more likely you are to succeed.

STEP 3. Use the Products

3. USE THE PRODUCTS!!!!!!!

We have tremendous high impact products in Life-Force; the best way for you to learn about them is to use them. (Become a product of the product). Educate yourself by going through our literature and from your upline team.

STEP 4. Put Together a Business Plan (Put your time commitment in writing)

| Day of Week | Start Time | Finish Time | Total Hours | | |
|-------------|---|-----------------------|-------------|--|--|
| Sunday | 1 Make sure eveni | age & weekends are or | the chart | | |
| Monday | 4. Make sure evenings & weekends are on the chart. Goals need to match Hours!!!!! | | | | |
| Tuesday | 8 -10 hours minimum to do the business If you are doing only the work flow chart, approx. averages are: 8 hours = \$1-1,500 per month in first 6 months \$2-3,000 per month at 12 months \$4-6,000 per month at 24 months double your first year at 24 months! | | | | |
| Wednesday | | | | | |
| Thursday | | | | | |
| Friday | | | | | |
| Saturday | If you are working 40 hours per week doing nothing but showing the plar you could easily be making \$8,00 per month by the end of the 1st year. | | | | |

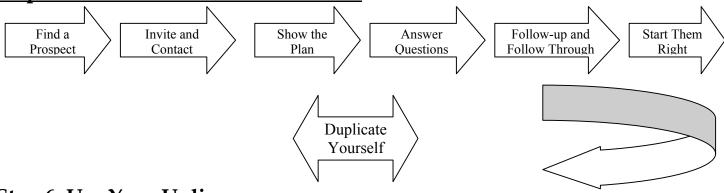
Total Hours For The Week _____

Write down your income goals for your Life-Force business. Make sure your income goals and time commitment are consistent and realistic.

| 6 Month income goal | l \$ | 12 Month \$ | 24 Month \$ |
|---------------------|------|-------------|-------------|
| | | | |

5. What you are going to be doing for the first 30 days. New person is not allowed to show the plan. Up-line only shows the plan! It's that important, and needs to be done right. Be rigid about this! Don't go to the web-site! This is about a financial offer. Do the 10-Step within 48 hours. Step 5 is the most important! Do it and make money. Don't do it, you don't make money.

Step 5.Learn the Life-Force Workflow



Step 6. Use Your Upline

Get three Upline Team Members phone numbers to assist you in building your business for the first 30 days.

| Name | Phone Number | |
|------|--------------|--|
| | | |
| | | |
| | | |
| | | |

Step 7. Learn About the Business Building Tools

Conference Calls (see conference call schedule on our website). Learn how to use our company website. www.lifeforce.net. Go into your back office by entering your ID number and password on the member's only section. Purchase business-building tools to propel your business. 7. Buy only Sound Concepts (cornerstonetools.com) or LFI materials.

There is a good package deal at Sound Concepts for \$49.00 and another for \$99.00

Step 8. Learn the Basics of the Life-Force Compensation Plan.

Go through the written material on the compensation plan.

8. Learn the Fast Start, New Member, & Retention Bonuses. Master these!!!!!!

Step 9. Write Down Your Prospect List

Make a list of at least 20 names. Start with prospects in your local area.

9. List 20 names within driving distance. Middle Class is best. Rate them A's, B's, C's. A's are best, closest relationships. Contact them first

Step 10. You're Next 30 Days

The first 30 days are the most important in your business.

You want 12-14 A's. B's are aquaintances and local. C's are good relationship but not local.

Write down how many members and or customers are you going to personally enroll in the next 30 days.

_ people in the next 30 days. I intend to personally enroll ____

10. Can you commit? List your prospects within 24 hours. Figure out how many people you would like to sign up? Their first 30 days reflects your first 30 days! Make a copy of the 10 Steps & your prospect list for me. Next conversation is contacting your A's and inviting them to hear your upline show the plan. You just set the appointment! Upline shows the plan!